

Nutrition Core Solutions, LLC

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Pizza Golden Corn Assorted Canned Fruit Ranch Dip Cup
Sep - 4 HOLIDAY	Sep - 5 Popcorn Chicken Dinner Roll Mashed Potatoes Brown Gravy Assorted Canned Fruit	Sep - 6 Spaghetti & Meatsauce Golden Corn Assorted Canned Fruit	Sep - 7 Pulled Pork Street Tacos Charro Beans Assorted Canned Fruit	Sep - 8 Bean & Cheese Burrito Vegetable Medley Assorted Canned Fruit
Sep - 11 INTERCESSION	Sep - 12 INTERCESSION	Sep - 13 INTERCESSION	Sep - 14 INTERCESSION	Sep - 15 INTERCESSION
Sep - 18 Chicken Strips Dinner Roll Tater Tots Assorted Canned Fruit Ranch Dip Cup	Sep - 19 Seasoned Baked Chicken Dinner Roll Mashed Potatoes Brown Gravy Assorted Canned Fruit	Sep - 20 Mandarin Orange Chicken Vegetable Fried Rice Broccoli Assorted Canned Fruit	Sep - 21 Crispy Beef Nachos Cheese Sauce Refried Beans Assorted Canned Fruit	Sep - 22 Pizza Golden Corn Assorted Canned Fruit Ranch Dip Cup
Sep - 25 Chicken Nuggets Dinner Roll Seasoned Wedges Assorted Canned Fruit	Sep - 26 Carne Guisada Dinner Roll Coditos Mashed Potatoes Brown Gravy Assorted Canned Fruit	Sep - 27 Lemon Pepper Chicken Dinner Roll Tater Tots Assorted Canned Fruit	Sep - 28 Homemade Chicken Flautas Refried Beans Assorted Canned Fruit	Sep - 29 Chicken Alfredo Zucchini Melt Assorted Canned Fruit

This product was funded by USDA. This institution is an equal opportunity provider.
Menu subject to change based on availability.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Nutrition Core Solutions, LLC
ELEMENTARY SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 Pizza Golden Corn Spicy Cucumber Cubes Stuffed Baked Potato Cheese Sauce Baby Carrots Assorted Canned Fruit Assorted Fresh Fruit Ranch Dip Cup
Sep - 4 HOLIDAY	Sep - 5 Popcorn Chicken Dinner Roll Mashed Potatoes Brown Gravy Seasoned Green Beans Pizza Baby Carrots Assorted Canned Fruit Assorted Fresh Fruit Ranch Dip Cup	Sep - 6 Spaghetti & Meatsauce Texas Toast Garden Salad Golden Corn Pizza Assorted Canned Fruit Assorted Fresh Fruit Ranch Dip Cup	Sep - 7 Pulled Pork Street Tacos Spanish Rice Charro Beans Cilantro Slaw Salad Cheeseburger Hamburger Tater Tots Burger Salad Assorted Canned Fruit Assorted Fresh Fruit	Sep - 8 Bean & Cheese Burrito Cheese Sauce Vegetable Medley Baby Carrots Pizza Assorted Canned Fruit Assorted Fresh Fruit Ranch Dip Cup
Sep - 11 INTERCESSION	Sep - 12 INTERCESSION	Sep - 13 INTERCESSION	Sep - 14 INTERCESSION	Sep - 15 INTERCESSION
Sep - 18 Chicken Strips Dinner Roll Tater Tots Broccoli Cheese Sauce Stuffed Baked Potato Dinner Roll Baby Carrots Assorted Canned Fruit Assorted Fresh Fruit Ranch Dip Cup	Sep - 19 Seasoned Baked Chicken Dinner Roll Seasoned Green Beans Mashed Potatoes Brown Gravy Ham & Cheese Hoagie Burger Salad Assorted Canned Fruit Assorted Fresh Fruit	Sep - 20 Mandarin Orange Chicken Vegetable Fried Rice Veggie Egg Roll Broccoli Stir Fry Veggies PB&J-Yogurt Box Assorted Canned Fruit Assorted Fresh Fruit	Sep - 21 Crispy Beef Nachos Cheese Sauce Spanish Rice Taco Salad Refried Beans Ham & Cheese Hoagie Assorted Canned Fruit Assorted Fresh Fruit Ranch Dip Cup	Sep - 22 Pizza Golden Corn Spicy Cucumber Cubes Stuffed Baked Potato Cheese Sauce Baby Carrots Assorted Canned Fruit Assorted Fresh Fruit Ranch Dip Cup

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ELEMENTARY SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 25 Chicken Nuggets Dinner Roll Seasoned Wedges Broccoli Cheese Sauce Jumbo Corndog Assorted Canned Fruit Assorted Fresh Fruit	Sep - 26 Carne Guisada Corn Tortillas Coditos Seasoned Green Beans Mashed Potatoes Brown Gravy PB&J-Yogurt Box Assorted Canned Fruit Assorted Fresh Fruit	Sep - 27 Lemon Pepper Chicken Dinner Roll Tater Tots Zucchini Melt Ham & Cheese Hoagie Burger Salad Assorted Canned Fruit Assorted Fresh Fruit	Sep - 28 Homemade Chicken Flautas Spanish Rice Refried Beans Taco Cilantro Salad Green Salsa PB&J-Yogurt Box Assorted Canned Fruit Assorted Fresh Fruit Sour Cream	Sep - 29 Chicken Alfredo Texas Toast Broccoli Zucchini Melt Jumbo Corndog Assorted Canned Fruit Assorted Fresh Fruit

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